



Description

Device functions: Improves the condition of the joints, strengthens the muscles of the legs, hips and shoulders.

Improves physical fitness and general physical condition.

Method of use: Place both feet on pedals and firmly grab the handles. Move your legs back and forth at the same time. Help yourself by pushing and pulling the handles.

Model type	Solitair
Serial number	44040
Equipment name	44040 Crosstrainer (Pylon)

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44040 Crosstrainer (Pylon)

Product line	Action Outdoor Fitness Solitair
Age range	10 - 99
Unit measurements	62cm x 190cm x 205cm
Required surface area	0cm x 0cm
Impact area	0m ²
Free height of fall	0cm
Material	Powder coated galvanized steel. Pylon- legs and main construction are made of two steel tubes Ø 114 mm and 2 steel plates 8 mm thickness. Both sides can be used to mount a device. Holders and other tube elements are made of steel tube Ø40 mm, 3,2 mm thickness. Seats: weather resistant HDPE. Pedals: stainless steel.
Heaviest part	0kg
Largest part	0cm - 0cm
Spare parts	Available
Installation time without grondwork	2 hour(s) / 2 person(s)
Special tools	Included
Anchoring	Equipment will be installed 60 cm under groundlevel. Concrete is needed for more stability.
Remarks	Pylon (basic element) can be used for second device.

