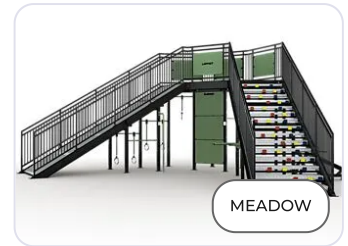


Configurable

EMBER



MEADOW



MIST



SNOW



BLOOM

Fitness stairs U-model

Sisu Fitness , 081878M

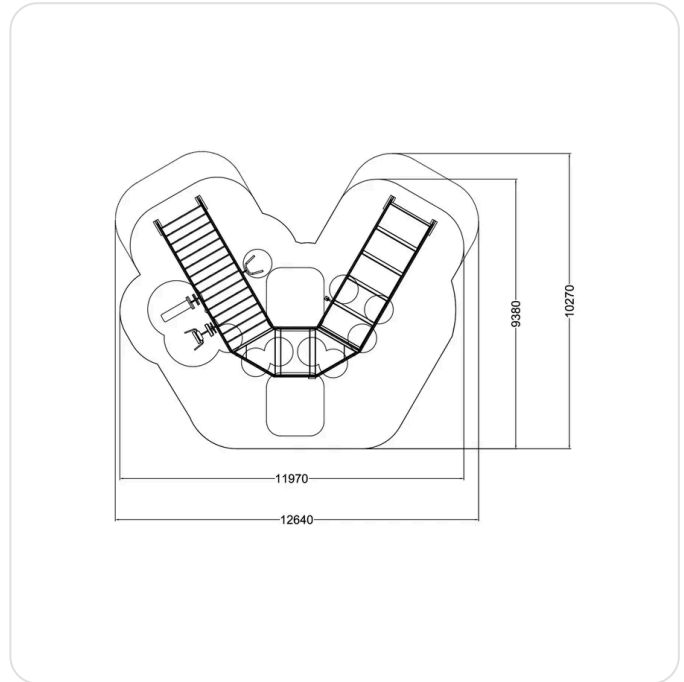
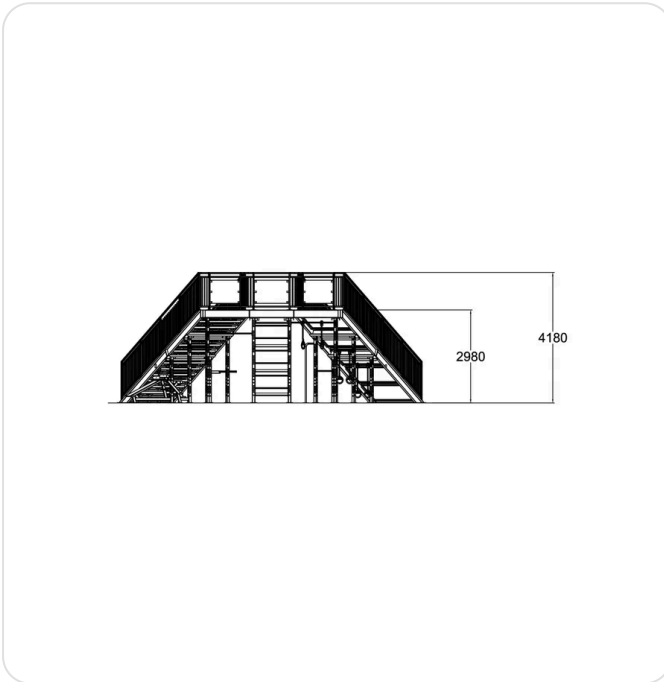
Inspired by Finland's well-known outdoor stair workout culture, these U-shaped fitness stairs combine stair running, functional training and social outdoor activity into one active exercise environment. A stair section and a running ramp create versatile ascent opportunities for speed, endurance and strength training. Four pull-up bars and three sets of gymnastic rings at varying heights, dip bars, an abdominal bench, a back extension bench, a vertical bar, a gymnastic wall and medicine ball throw targets offer diverse training options for users of different ages and fitness levels. Functional details such as stair step markings and a repetition counter add variety to the training experience and help users track performance across different exercise levels. LappCoat-finished steel frames, hot-dip galvanized stairs and durable HPL elements ensure excellent weather resistance and a long service life outdoors.

Basic information

Installation Time	62
Safety Standard	EN 16630:2015

Technical information

Largest Part, mm	3430	Width, mm	6370
Netto Weight, Total Shipping Weight, kg	3400.558	Area of Movement Length, mm	11970
Foundation Type	Surface mounting	Area of Movement Width, mm	9450
Heaviest part, kg	66	Length, mm	9880
Area of Movement	87.1	Max Free Fall Height, SPORT, mm	2980
Height, mm	4180		



[Installation instructions: https://lap-integrations-prod.azurewebsites.net/api/pim/installation-instructions?productN...](https://lap-integrations-prod.azurewebsites.net/api/pim/installation-instructions?productN...)

[Read more about installation: https://www.lappset.com/en-GB/playground-installation](https://www.lappset.com/en-GB/playground-installation)

General warranty information

- **20 years:** Steel components and high-pressure laminate (HPL)
- **15 years:** Wooden posts
- **10 years:** Surface finish of steel and aluminum, and hot-dip galvanized surface treatment
- **10 years:** Guaranteed availability of spare parts
- The general warranty terms do not apply to third-party products.
- This overview covers the main warranty periods for Lappset's key materials.

For full details and specific terms or limitations, please see the complete warranty conditions [here](#).

[Read more about warranty: https://www.lappset.com/en-GB/warranty](https://www.lappset.com/en-GB/warranty)

Metal parts

- Black RAL 9005
- Moss green RAL 6021
- Terracotta red RAL 8004
- Lake blue RAL 5009
- Platinum grey NCS S4005-Y50R
- Lemonade yellow RAL 1018

Walls/HPL parts

- Moss green RAL 6021
- Terracotta red RAL 8004
- Platinum grey NCS S4005-Y50R
- Lemonade yellow RAL 1018
- Lake blue RAL 5009